

ADVICE FOR VOLUNTEERS



If you feel unwell, have a temperature or dry cough, or are exhibiting any symptoms of COVID-19, then **DO NOT** provide support and contact IOMCCS to arrange alternative care.



Make contact with the person you are providing support, be mindful of your comments and actions. Establish their needs and let them know when you will be able to help them.



Wash your hands for at least 20 seconds, as frequently as you can whilst providing assistance. Before and after delivery of supplies use a hand sanitiser where there is no access to a sink. Avoid touching your face.



Where possible supplies should be collected at the same time you do your own shop and should be sufficient to last a number of days to reduce the frequency of visits needed.



Where possible the person requesting assistance should arrange for medication to be delivered by their chemist or the St Johns Ambulance. However, this is not always possible and help may be needed to collect medication from the pharmacist.



Supplies should be delivered and left outside the front door. You should move away to a safe distance (at least 2 metres), before ringing the person you are supporting to let them know their supplies have arrived. Do not forget to wash your hands



We recommend that you should provide receipts with the purchases you make after taking a photo for your own records and ask for the funds to be transferred to your account electronically. An alternative means of payment might be cheques. We do not encourage the use of cash.



As an individual providing unpaid voluntary help and support to another individual affected by COVID-19 your car insurance policy should be unaffected – [see this guidance issued by the Association of British Insurers](#). If you are in any doubt, we recommend you contact your insurer direct.



Isle of Man Coronavirus
Community Support

www.iomccs.co.uk